

EGD Instructions

An esophagogastroduodenoscopy (also called EGD or upper endoscopy) is a procedure that allows the doctor to examine the inside of the esophagus, stomach, and duodenum using a thin, flexible, lighted tube.

Please call our office if you take any of the following.

- Plavix(clopidogrel), Effient, (stop 7 days prior)
- Coumadin(warfarin), Pradaxa, Xarelto (stop 4 days prior)
- Aggrenox (stop 5 days prior)
- Brilinta (stop 3 days prior)
- Eliquis (stop 2 days prior)
- Adipex/Phentermine and all other diet related pills (stop 2 weeks prior)

DO NOT stop taking these medications unless we clear it with your doctor first.

What to Bring: Photo ID, Insurance Cards, all current medications, or list of medications

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT the night before your test.

Day of the Procedure

- 1) You may take your blood pressure pill or heart medicine the morning of the procedure with a small sip of water.
- 2) You CANNOT have anything by mouth the morning of surgery including gum, hard candy, or tobacco. This includes chewing tobacco.
- 3) Someone must always remain at the facility with you and be able to drive you home.

After the Procedure

You MUST bring an adult to drive you home. You will not be able to drive for 12 hours due to IV sedation. The procedure is done using conscious sedation. This means you will be awake enough to breathe on your own but sedated enough to not know what's going on.

Results and Follow-Up

Results will be discussed with you and anyone waiting with you if you so direct. Pathology results will be mailed to you within 2 weeks. We will contact you by phone if anything needs immediate follow-up. If you have not heard anything after 2 weeks, then contact our office for your results.

Office follow up is usually not necessary. If you would like a follow up appointment or other issues are involved, please call our office.